

My Next Step in Life

Date _____

What I want to do next? THINK BIG! Trust yourself!	Which personal needs do I want to work on?	What issues and tensions are in my life now?
Balance (1 – low, 10 – high, 5 is perfect balance)	What blocks, challenges, lessons am I facing?	What is my sense of purpose or calling?
Career		
Finances		
Family		
Friends		
Health		
Spiritual		
Relax time		
Learning		
Self Expression		
Values, qualities and skills I want to develop	Higher Awareness program choices	Summary of my next steps
	Know yourself, Grow Yourself	
	Time management, goal setting, staying on track	
	Block busting, writing your life, awareness	
	Creativity, Intuition, Journaling	
	Life Purpose, Meditation, Joy, Spiritual tips	
	Money and Abundance	